

Burlington Road Neighborhood Association BRNA EXPRESS

Volume 7 Issue 1

Jan. 2011

Conductor's Corner

Happy New Year BRNA!

First off, I want to thank you all for the opportunity to serve the association once again. I believe our new board will be valuable in creating a stronger quality of life for you all. While individuals throughout the world will be making new resolutions for their lives in this upcoming year, we in BRNA will be also meeting every month to make our resolutions.

We must look at question like, "What's Important? What's not? What's the target? What's the hurdle or stumbling block? Where do we make our mark (influence or involvement) now?" We are hoping you can help us generate new ideas for our new board. Without you, your ideas and your voice, we have no direction to move forward. Remember our Motto? **KEEPING THE NEIGHBORHOOD ON TRACK!**

Since BRNA's birth, we have been a moving pro-active association, pioneering ideas and succeeding in our goals. Again, I am honored to be chosen by you all to serve as your President and look forward in working together with you all in continuing to make our quality of life stronger for you, your family and your neighbors in South Omaha.

Please feel free to contact me if you have any questions, comments or concerns.

Always for the kids & the community -
Your New BRNA President,
Rebecca Barrientos-Patlan



**HAPPY BRNA
NEW YEAR!**

NEW BRNA OFFICERS AND BOARD

Elections were held in November with some new officers and board members taking the reins.

- President – Rebecca Barrientos-Patlan 502-2013
- Vice President – Diane Luna 991-9117
- Treasurer – Keith Roragen 734-4366
- Secretary –
- Board Member – Mark Fields 733-9337
- Board Member – Barb O'Connor 932-9404
- Board Member – Mary Ann Anderson 734-5734
- Board Member – Virgil Patlan 502-2013



Membership renewal time! Use the form in this newsletter to join or renew your membership. Or come to the next meeting and sign up there!

Next Meeting:
January 11th at
St. Stan's Hall
41st and J St.
6:30 p.m.

Speaker



Keeping the Neighborhood on Track...

BRNA FINANCES

September's BRNA Family Day was canceled due to bad weather. Most companies that donated funds for the occasion were very generous and said to keep the money and use it toward next year's Family Day. Some said to use it as we need for any other projects.

Funds have been donated to such projects such as Lil Gibbs Monument near 40th and J Street. The St. Stan's Men's Organization said they would purchase some nice solar lights for the area.

CITIZEN PATROL UPDATE



Mark Fields has taken over as head of the BRNA Citizen Patrol. Mark said that the patrol has been out often and especially near holidays. On Halloween, he said it was a good night with few problems. He said about 15 wonderful neighbors asked if the patrol wanted some hot cocoa. He said there was one domestic issue, but the police took the guy in.

Classes are routinely started, so if you are interested in joining the patrol, please give Mark a call. Mark said it does not take up too much of your time and it benefits the area.

Recently there was a "staged search" for a lost person. Mark said it was really exciting and he learned a lot about what to look for and how to look.

Patrol Contact: Mark Fields 733-9337

Christmas in BRNA!

Thanks to all who participated and joined their neighbors! The food was wonderful as always! Special thanks to those that donated to the gift give-away! Also - thanks to Sherene for donating some special warm hats to "Children in Need"!



BIKE / WALKING TRAIL UPDATE



Garry Gernandt said that the trail issue may be settled in 45-60 days. Discussion with Union Pacific Railroad about acquisition of land near their tracks has not been reached.

Further updates will come in the future.

DENIED

The city denied a storage business to build near 34th and D Street. The area is on a street in a residential area.

BRNA sent a letter to the City Council asking them to deny the building. Residents are grateful to the council.

HINTS AND INFORMATION

WHO SHOULD THINK TWICE ABOUT SHOVELING SNOW?



Be heart healthy and back friendly while shoveling this winter with these tips:

- ✓ If you are inactive and have a history of heart trouble, talk to your doctor before you take on the task of shoveling snow.
- ✓ Avoid caffeine or nicotine before beginning. These are stimulants, which may increase your heart rate and cause your blood vessels to constrict. This places extra stress on the heart.
- ✓ Drink plenty of water. Dehydration is just as big an issue in cold winter months as it is in the summer.
- ✓ Dress in several layers so you can remove a layer as needed.
- ✓ Warm up your muscles before shoveling, by walking for a few minutes or marching in place. Stretch the muscles in your arms and legs, because warm muscles will work more efficiently and be less likely to be injured.
- ✓ Pick the right shovel for you. A smaller blade will require you to lift less snow, putting less strain on your body.
- ✓ Begin shoveling slowly to avoid placing a sudden demand on your heart. Pace yourself and take breaks as needed.
- ✓ Protect your back from injury by lifting correctly.
- ✓ Stand with your feet about hip width for balance and keep the shovel close to your body. Bend from the knees (not the back) and tighten your stomach muscles as you lift the snow. Avoid twisting movements. If you need to move the snow to one side reposition your feet to face the direction the snow will be going.
- ✓ Most importantly — listen to your body. Stop if you feel pain!



OTHER AREA NEWS

- Darling International, which been the cause of a great deal of odors near F Street, has put is some new equipment to help cut down and the odor problems.
- The US Flags displayed in the area will be taken down for the winter.

NOVEMBER SPEAKERS

Pat Davis – Pat spoke about special needs children and their families. She started and organization in 2003 called MORE. At this time it has 127 children.

Some of its goals are to put on special get-togethers for the children and their families. They have put on parades, egg hunts and other holiday events. There is also a “Mom’s night out”.



Amanno Martinez – Amanno spoke about Kids and gangs. He is involved with a program that tries to get to kids before they join gangs. He works one on one. He also works with parents and schools.

He wants to serve the community and has a passion to work with kids. He worked for the Home for Boys and has a Stephen Center connection.

Call 444-4919

If you smell strong odors.

Here are some hints in giving descriptions:

Cattle	Grease	Gasoline
Paunch	Cooking	Diesel exhaust
Septage (sewage)	Dog food	Tar
Dead animal	Sweet	Chemicals
Garbage	Metal	Creosote
Rotting plants	Mold / Mildew	Plastic
Sour	(moisture)	Burning rubber
Eggs (rotten)	Lawn Chemicals	Smoke (burning)

OMAHA'S NEW SNOW PROCEDURES

The city of Omaha has issued new regulations for **SNOW REMOVAL** for 2010-11. Check out our web site and the City's Web Site for more information.

www.brnaomaha.com

www.cityofomaha.org/pw/snow



BRNA's "This and That" Caboose

SUGAR COATED PECANS

"These slow-roasted whole pecans coated in an egg white and sugar glaze spiced with cinnamon make a wonderful snack for any occasion."

INGREDIENTS:

- 1 egg white (2 egg whites for moisture)
- 1 tablespoon water
- 1 pound pecan halves (16 oz.)
(walnuts or peanuts can be used)
- 1 cup white sugar (or 1 cup Splenda)
- 3/4 teaspoon salt
- 1/2 teaspoon ground cinnamon

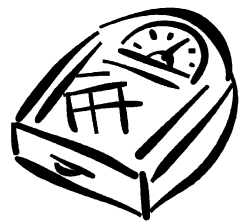
DIRECTIONS:

- 1 Preheat oven to 250 degrees. Grease one baking sheet.
- 2 In a mixing bowl, whip together the egg white and water until frothy. In large plastic Ziploc bag, mix together sugar, salt, and cinnamon.
- 3 Add pecans to egg whites, stir to coat the nuts evenly. Remove the nuts, and toss them in the sugar mixture until coated. Spread the nuts out on the prepared baking sheet.
- 4 Bake at 250 degrees F for 1 hour. Stir every 15 minutes.

ODE TO JANUARY - by Alicia Moss

- 'Twas the month after Christmas, and all through the house Nothing would fit me, not even a blouse.
- The cookies I'd nibbled, the eggnog I'd taste At the holiday parties had gone to my waist.
- When I got on the scales there arose such a number! When I walked to the store (less a walk than a lumber).
- I'd remember the marvellous meals I'd prepared; The gravies and sauces and beef nicely rared,
- The wine and the rum balls, the bread and the cheese And the way I'd never said, 'No thank you, please.'
- As I dressed myself in my husband's old shirt And prepared once again to do battle with dirt -
- I said to myself, as I only can 'You can't spend a winter disguised as a man!'
- So - away with the last of the sour cream dip, Get rid of the fruit cake, every cracker and chip
- Every last bit of food that I like must be banished 'Till all the additional ounces have vanished.
- I won't have a cookie - not even a lick. I'll want only to chew on a long celery stick.
- I won't have hot biscuits, or corn bread, or pie, I'll munch on a carrot and quietly cry.
- I'm hungry, I'm lonesome, and life is a bore. But isn't that what January is for?
- Unable to giggle, no longer a riot.

Happy New Year to all
and to all a good diet!



Some Ideas for New Year Promises You May Not Have Thought About...

- ✓ Always keep a joke book handy for times you have to wait.
- ✓ Learn First Aid.
- ✓ Give up a bad habit.
- ✓ Start collecting something interesting.
- ✓ Become more security conscious.
- ✓ Forgive someone.
- ✓ Start a journal or blog.
- ✓ Research your family history.
- ✓ Learn a new skill, take up a new hobby.
- ✓ Put something into the community - help others.

BRNA BUSINESSES & SUPPORTERS

Greta Ritchie CPCU, Agent
 5050 L St.
 Omaha, NE 68117-1329
 Bus. 402-731-5050
www.gretaritchie.com
Greta.ritchie.mo50@statefarm.com



State Farm Providing Insurance and Financial Services Home Office,
 Bloomington, Illinois 61710 Se habla español

HY VEE
 36th & L Street

- a helpful smile in every aisle.

PITSTOP

DIAGNOSTIC & AUTO REPAIR

4005 S. 42ND Street
 Omaha, NE 68107

Tim Parys

734-3232

50th and L Family Dentistry

John Parra D.D.S.

5011 L Street
 Omaha, NE 68117
 731-5423



Carpenter Paper Company

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 Toll Free: 877-608-8693
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Nebraska Legislature District 5
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 Lincoln, NE 68509-4604
 (402) 471-2710



3004 South 40th Street # 11
 Omaha, NE 68105

hmello@leg.ne.gov

Ad space available.

Call 502-2013
 or email brna@cox.net

Ricardo Castro

Realtor

402-319-0093

Fax: 402-614-3404

4018 L Street – Omaha, NE 68107
 INCA BUSINESS PLAZA
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COMMERCIAL – RESIDENTIAL

(402) 731- 0669

(402) 660-3698 CELL

AL KURZ

Businesses: Be a BRNA Supporter!
Neighbors: Support BRNA Businesses!

See all BRNA Supporters and Members on
 the next page.

ATTN: Businesses or Organizations:

Newsletter Advertising

Submit a business card or what you would like your advertisement
 to say. Advertisements are \$10.00 per month (or \$100.00 per year)
 for business card size ad. Larger ads are also available - \$20 per
 month for quarter-page, \$40 per month for half-page and \$60 per
 month for full page ads. Special yearly rates can be offered for
 these also. Call 502-2013 or email brna@cox.net

BRNA CALENDAR

Jan. 11	Happy New Year - Meeting at St. Stan's 6:30 p.m. Membership Renewal Time!
Feb. 8	Meeting at St. Stan's 6:30 p.m.
Mar. 8	Meeting at St. Stan's 6:30 p.m.
Apr. 13	Meeting at St. Stan's 6:30 p.m.

SPECIAL NOTES



Happy Birthday to all members born in November and December!

BRNA Business Members & Supporters

- | | |
|---------------------------|--------------------------|
| AA Collision | One World Health |
| BNSF Railroad | Quality Refrigeration S. |
| Citizens for Gernandt | Parra Family Dental |
| Design 4 Inc. | Pedersen Power Products |
| GRH Electronics | Pitstop |
| G.Richie, State Farm | Tasman Omaha LLC |
| Hillside Bar | Team Sales Farm Supplies |
| HyVee on L St. | St. Stanislaus Church |
| J & M Hauschild House LLC | Senator Heath Mello |
| Kurtzuba Kareoke | Security National Bank |
| Larry Konwinski Hauling | W.N. Morehouse Trucking |
| Lovgren Advert. | Univar |
| Nebraska Beef | |

Thank you for your continued support!

If interested in joining - Call:

Rebecca Barrientos-Patlan at 402-502-2013

rbpatlan@cox.net



Ask your Doctor, Dentist, Realtor (Etc.) to advertise in the BRNA Express!

If you have a story or a poem or just a great picture (old or new), please let us know! Please limit stories to fewer than 300 words.

Contact Rebecca at 502-2013

or email brna@cox.net or rbpatlan@cox.net

Deadline on the 15th of each month

SEX OFFENDER

Dandridge, Keitrell Lamar

DOB: 08-27-1985

Registration Duration: 15 Year

Race: B

Sex: M

Height: 5'07"

Weight: 157

Hair: BLK

Eyes: BRO

Alias(es):

Address (Reported by Registrant as of 10-01-2010)

3818 J St - Omaha, NE 68107

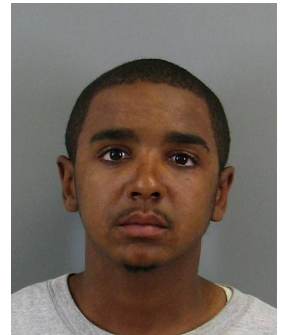
Sex Crime Conviction(s)

Crime: 3rd Degree Sexual Assault M1

Conviction Date: 05-29-2007

Place of Crime: NB

Victim of Crime: Minor



Thank You BRNA Business who have helped kick off the new BRNA's Citizen Patrol!

Darling Internat'l
Design 4
GRH Electronics
Omni

One World
Sec. Nat'l Bank
Team Sales Farm Supply
W. Morehouse Trucklines

There is still a great need. Any other business that wishes to help keep our area safe, you may help by sending a check to:

BRNA

PO Box 7126

Omaha, NE 68107

Patrol Contact: Mark Fields 733-9337

BRNA INFORMATION

Important Numbers

Mayor's Hotline	444-5555
Councilman Gernandt	444-5522
Odors, Potholes, Snow Removal	444-4919
OPPD Street Lights Out	1-800-554-6773
MUD	554-7777
Graffiti & Gang Tip	444-5992
<i>Omaha Email Hotline: hotline@ci.omaha.ne.us</i>	
<i>Councilman Gernandt: ggernandt@ci.omaha.ne.us</i>	

CONTACT BRNA:

President Virgil Patlan's Email: virgilpatlan@cox.net
 General Email: brna@cox.com
 BRNA Beautification Email: donandbarb@cox.net

BRNA Officers

President – Rebecca Barrientos-Patlan 502-2013
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 Treasurer – Keith Roragen 734-4366
 Secretary –
 Board Member –
 Board Member – Barb O'Connor 932-9404
 Board Member – Mary Ann Anderson 734-5734
 Board Member – Virgil Patlan 502-2013



BRNA Committees:

Beautification – Barb and Don O'Connor 932-9404
 Newsletter Editor & Speakers Coordinator –
 Rebecca Barrientos-Patlan 502-2013
 Website & Newsletter Designer/Writer –
 Theresa Bidrowski 731-1592

**Burlington Road
 Neighborhood Association
 Membership Application**

Membership year runs January thru to December.

Mail to:

**BRNA
 P.O. Box 7126
 Omaha, NE 68107**

Make checks payable to "BRNA".

\$12 Per Person (Per Calendar Year) Number of People: _____ X \$12 = \$ _____

\$25 Businesses / Organizations (Per Calendar Year) \$ _____

Name(s): _____

Address: _____

City and zip: _____

Phone # _____

Fax # _____

Email: _____

(Please check.) Renewal:

New member:

ATTN: Businesses or Organizations - Advertisements

Submit a business card or what you would like your advertisement to say.

Advertisements are \$10.00 per month (or \$100.00 per year) for business card-size ad.

Larger ads are also available - \$20 per month for quarter-page, \$40 per month for half-page and \$60 per month for full page ads. Special yearly rates can be offered for these also.

Mail (See above) or Email (brna@cox.net) ad request with Subject line "BRNA Ad".



Next Meeting:
January 11th
6:30 p.m. at St. Stan's
Bring a neighbor!

Membership renewal time!

Web site: www.brnaomaha.com

President Virgil Patlan's Email: virgilpatlan@cox.net

General Email: brna@cox.net

BRNA Beautification Email: donandbarb@cox.net

